

2017 National MTB Championships (XCO)

Technical Guide



Issued July 2017

About the National MTB Championships (XCO)

For yet another year, the National MTB Championships in the discipline of Cross Country (XCO) takes centre stage in Chaguaramas as T&T's and some of the top Mountain Bikers in the Caribbean battle for National Glory on July 16th 2017. With the TTCF preparing the National Team to represent Trinidad & Tobago at the Caribbean MTB Championships, hosted right here in T&T the importance of this event became that more relevant.

As our MTB specialists speed through the mud trails of Trinidad's North West Peninsula, tackling any obstacle and testing their skills and techniques that they have been honing for the past few months through rigorous training, National Glory remains on their mind.

Cyclist Eligibility

Cyclist wishing to participate in the National MTB Cycling Championships must satisfy the following requirements

- Must possess a valid 2017 Union Cycliste Internationale (UCI) Licence and must be a national of Trinidad & Tobago.
- Cyclists wishing to compete in respective events must meet the following age requirements

Category	Year of Birth
Elite	1998 or before
Junior	1999 or 2000
Juvenile	2001 or 2002
Tinymite	2003 or 2004
Masters 40-49	1968 – 1977
Masters 50+	1967 or before
YD U13	2005 or 2006
YD U11	2007 or 2008
YD U9	2009 or 2010
YD U7	2011 or after

Governing Rules

The National MTB Cycling Championships will be governed by the [UCI Rules – Part IV – MTB Rules](#) and [TTCF Racing Rules – Chapter VI – Mountain Biking](#)

Cyclist Registration

All clubs and/or unattached cyclists are required to register via the [TTCF website login](#) by Thursday 13th July, 2017 @8:00pm. Persons requiring assistance with their login credentials are required to send an email to gacosta@ttcyclingfederation.org

Sign-in, Race times and Registration Fee for the respective groups shall be as seen on the table below

Category	Sign-In Time	Race Time	Registration Fee	Late Fee
All Cyclists except YD	6:30am – 7:00am	7:30am	TT\$100	TT\$50
Youth Developers	8:30am – 9:00am	9:30am	Free	TT\$50

Late registration will be accepted. A late fee will apply of an additional TT\$50.

XCO Race Course Description – All Categories

Date: Sunday 16th July 2017
Start/Finish: Arboretum, Chaguaramas
Start Time: 7:30am
Elevation Gain: 40m

Course Description – Black Bridge

Starts at the Arboretum heads East into Black Bridge Trail and exit road leading back to Arboretum. Turn into Snake then go left at the top follow until the exit opposite North Bunker entrance, turn left and head towards Arboretum back gate and return to start/finish line.

Youth Developers (U13 & U11)

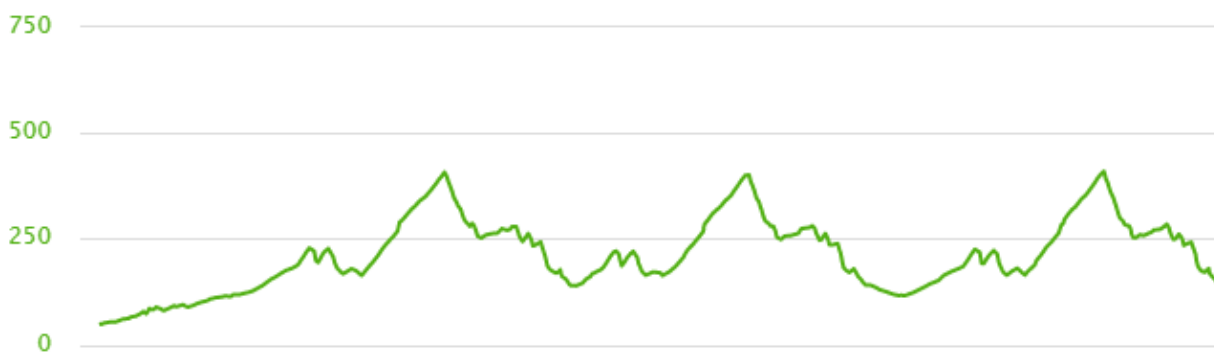
Course Description: Leave Arboretum up Snake bare left and exit opposite North Bunker entrance, turn left to re-enter Arboretum.

Youth Developers (U9 & U7)

Course Description: Leave Arboretum turn left on road follow and re-enter Arboretum at bottom gate.



● Elevation



Course Distances

Category	# of Laps
Elite Men	5
Junior Men	3
Juvenile Men	3
Masters 40-49	3
Masters 50+	3
Elite Women	3
Junior Women	2
Juvenile Women	2
Tinymite Men	2
Tinymite Women	1
YD U13	3
YD U11	2
YD U9	2
YD U7	2



This event is hosted by the Trinidad & Tobago Cycling Federation

In Collaboration with

- Survival OS
- Trailing Edge